

Wantirna South Junior Football Club Inc.

Covid-19 Policies and Procedures 2020

Effective- 02/06/2020

TRAINING SESSION GUIDELINES

1. Teams are to strictly adhere to the maximum of 20 participants per group (not including a coach or the minimum number of support staff who are reasonably required to manage the activity), as per the current Victorian Government restrictions. **No training may commence before June 1 2020**
2. Staggered training sessions, each team will be allocated one hour per session with a 15 minute gap between sessions to allow each team to clear the ground before the next team commences. There are to be no gatherings at the Entry and Exit points of the Ground. We encourage all players to follow the mantra of – “get to training, train, leave training”
3. Groups of 20 must not mix with each other and must remain distant, with participants not allowed to swap between groups. 2 groups of 20 allowed per oval.
4. If pair/group work is required, pairs must be consistent across each training session.
5. Strictly no physical contact between players can occur (i.e. no tackling, no bumping, no marking contests).
6. Use of equipment to be limited to footballs, marking cones, and Bibs only (no tackle bags, etc)
7. Specific group activity footballs can be used, but must be wiped down after each session.
8. Social distancing of 1.5m must be maintained at all times. No Exceptions
9. No access to club rooms, changerooms or wet areas can occur. Access for Toilets will be the outside toilets at each Ground.
10. Any necessary meetings to occur remotely using video technology.
11. Parents or caregivers for junior participants must remain outside the boundary line of the ground and observe social distancing and we strongly recommend junior players have a maximum of 1 parent/caregiver present at training.
12. A log, or register, using the approved AFL Victoria or League template (attached), of all participants in attendance at each training session must be maintained. After each session the Log/Register must be emailed to football_operations@wsjfc.org.au ASAP.
13. Return to training will not include NAB AFL Auskick at this stage.
14. Hygiene protocols outlined below in this document are to be strictly adhered to at all times, with no exceptions. If you require additional supplies please email football_operations@wsjfc.org.au or call Damian Taylor on 0431 175 445.
15. It is Ultimately the Choice of the Player and Parent to train, All should be aware that even with strict adherence to the protocols there is some increased risk of exposure to Covid-19 (compared to staying at home) which for some people has serious health consequences.
If a Parent or Player wishes to opt out at any point WSJFC will support your choice and offer alternative training options in a more suited environment

FIELD LAYOUT FOR TRAINING SESSIONS

- The oval must be divided into two distinct areas where groups of 20 can train in each area.
- The oval is to be divided through the middle by cones running from boundary line to boundary line directly through the centre square. (A diagram is in the attached document- “Return to small outdoor group training of up to 10 people”
- No more than two (2) groups of 20 will be permitted per oval (40 people max. Training at one time, not including a coach or the minimum number of support Staff who are reasonably required to manage the activity).

EDUCATION PROTOCOLS AND REQUIREMENTS

- All Coaches are required to undertake the free Australian Government online **COVID-19 Infection Control Training** prior to their first training session. Once completed you will be issued with a certificate. The Certificate must be emailed to football_operations@wsjfc.org.au prior to your first training session.

The link to the course is <https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training>

- All players and club officials are strongly encouraged to download the Government's COVID-19 tracing app.
- Protocol briefings will be held in advance of return to training for players, coaches and officials. This will be held prior to or at your first training session. (Parents advised to attend)

HYGIENE PROTOCOLS FOR ALL TRAINING SESSIONS

- If you or people you have been in contact with are sick, DO NOT attend training and advise your football coach who is responsible for informing the COVID Safety Officer.
- Generally, you should be tested for COVID-19 if you develop fever or respiratory symptoms and meet at least one the following criteria: You have returned from overseas in the past 14 days, been in close contact with someone diagnosed with COVID-19 in the past 14 days, travelled on a cruise ship (either passenger or crew) in the 14 days before developing symptoms, are a health care, aged care or residential care worker, have lived in an area where there is a higher risk of community transmission, as defined by the local public health unit.
- Staggered training schedule (e.g. start times, different days, potential for different locations)
- Alcohol-based hand sanitisers must be used for all team training sessions, with players and officials encouraged to use prior, during and following training.
- There is strictly to be no sharing of personal items such as water bottles, food or towels. Personal items need to be easily distinguishable, labelled and kept separate.
- Players and coaches must not spit or clear nasal passages at small outdoor group training.
- No high fives, handshakes, or other physical contact.
- Changerooms, club rooms and wet areas are not to be utilised training (i.e. players arrive at venue in football gear and must shower and change at home).
- Club provided footballs must be wiped with antibacterial wipes or alcohol-based sanitiser prior to and after training sessions.
- Players are to be responsible for their own strapping if required.
- No player massages.

GENERAL HYGEINE PRACTICES

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitiser.
- Avoid touching your eyes, nose and mouth.
- Avoid close contact with people who are sick.
- Stay home and seek medical treatment when you are sick.
- Cover your mouth with your elbow to cough or sneeze.
- Any player or club member that has underlying health conditions or is considered a vulnerable person should consult with a healthcare professional prior to returning to football training.

COVID SAFETY OFFICER

In accordance with AFL, State and Federal government guidelines a Covid Safety officer must be appointed to each Club before training can re commence.

WSJFC's Covid Safety officer is Damian Taylor, Damian can be contacted at football_operations@wsjfc.org.au

If any Coach, Player, Parent or Official has any questions or concerns in regard to the Covid-19 Guidelines please feel free to contact our Covid Safety Officer